

# Almond Oatmeal Breakfast Bars (SugarFree)

10 ingredients · 35 minutes · 8 servings



## Directions

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1. Preheat the oven to 350°F (177°C) and line a baking pan with parchment paper.
2. In a large bowl, combine the oats, almond flour, baking soda, baking powder and sea salt. Mix well.
3. Add the melted coconut oil to a medium bowl along with the eggs, almond butter, and vanilla extract. Mix well. Pour the wet ingredients into the dry ingredients and mix until combined. Fold in the chocolate chips.
4. Pour the mixture into the pan and bake for 20 to 25 minutes.
5. Remove from the oven and let cool completely before slicing. Enjoy!

## Notes

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### Baking Pan Size

Use an 8x8 inch baking pan if making the standard 8 servings.

### No Almond Butter

Use sunflower seed, cashew or peanut butter instead.

### Gluten-Free

Use certified gluten-free oats.

### Flour

This recipe was developed and tested using almond flour only. We have not tested other flours and can only guarantee results if the recipe is made as written.

### Leftovers

Store in an airtight container in the fridge for 5 to 6 days. Freeze for up to 3 months.

### Serving Size

One serving is equal to one bar.

## Ingredients

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- 81 grams** Oats (rolled)
- 28 grams** Almond Flour
- 1 gram** Baking Soda
- 1 gram** Baking Powder
- 2 grams** Sea Salt
- 10 milliliters** Coconut Oil (melted)
- 2** Egg
- 126 grams** Almond Butter
- 2 milliliters** Vanilla Extract
- 60 grams** Organic Dark Chocolate Chips